

LUNCH PAIRINGS

**Monday–Friday
11AM–3PM**

\$7

Choose 1: Mozzarella Sticks (cal. 560), House Salad (cal. 270-420), Caesar Salad (cal. 440), or Soup (cal. 150-500)

And Pair It With: ½ Turkey + Avocado BLT (cal. 630), Cheddar Mac and Cheese (cal.630) or Soup (cal. 150-500)

\$9

Choose 1: Mozzarella Sticks (cal. 560), House Salad (cal. 270-420), Caesar Salad (cal. 440), or Soup (cal. 150-500)

And Pair It With: Jack™ Sliders (2) (cal. 860), Chicken Quesadilla (cal. 1250) or Any Lunch-Sized Salad with Chicken (cal. 410-670)

Additional nutrition information available upon request.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

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Handcrafted Cocktails

We only use the best ingredients in our bar. Our juices, house-made fresh mixes, fruits and syrups are all Clean Label with no artificial colors or flavors. We never take shortcuts behind the bar so our guests get our best with every drink.

CLASSICS

NEW REGAL APPLE SANGRIA cal. 150

Dark Horse Chardonnay, Crown Royal Regal Apple Whisky, fresh apple, pineapple, house-made fresh agave sour, Hella Aromatic Bitters

BERRY SANGRIA cal. 230

Dreaming Tree Crush Red Blend, Seven Daughters Moscato, Mount Gay Eclipse Rum, Aperol, blackberry, house-made fresh sour

PEACH SANGRIA cal. 250

Seven Daughters Moscato, Hendrick's, St-Germain, peach, honey, house-made fresh sour, fresh strawberry

NEW ULTIMATE LONG ISLAND TEA cal. 220

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Tito's Handmade Vodka, Bacardi Rum, Bombay
Gin, Grand Marnier, house-made fresh sour,
Coke®

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Cocktails (cont'd)

THE BFM - THE BEST FRIDAYS™ MARGARITA

cal. 200

Patrón Silver Tequila, Grand Marnier, house-made fresh agave sour

Try it with Patrón Reposado cal. 200

PEACH HONEY SMASH cal. 220

Jack Daniel's Tennessee Whiskey, Jack Daniel's Tennessee Honey Whiskey, fresh mint, peach, house-made fresh sour

MAI TAI cal. 300

Appleton Estate Signature Rum, DeKuyper Triple Sec, Disaronno Amaretto, fresh pineapple, mango, house-made fresh sour

FROZEN LAVA FLOW cal. 470

Malibu Coconut, Sailor Jerry Spiced Rum, fresh strawberry, fresh pineapple, coconut

FRESH STRAWBERRY DAIQUIRI cal. 190

Captain Morgan Spiced Rum, fresh strawberry, passion fruit, house-made fresh agave sour

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Cocktails (cont'd)

NEW NEW YORK SOUR CRUSH cal. 190

Maker's Mark Bourbon, honey, house-made fresh agave sour, topped with Dreaming Tree Crush Red Blend, Hella Aromatic Bitters

MULES

Made with Fever-Tree Ginger Beer and house-made fresh agave sour served in an authentic copper mug.

TITO'S MULE cal. 150

Tito's Handmade Vodka

TITO'S STRAWBERRY MULE cal. 190

Tito's Handmade Vodka, fresh strawberry

NEW IRISH MULE cal. 160

Jameson Irish Whiskey

NEW MEXICAN MULE cal. 160

Sauza Blue 100% Agave Tequila

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Cocktails (cont'd)

UNIQUELY FRIDAYS™

STRAWBERRY HENNY cal. 220

Hennessy V.S Cognac, Grand Marnier, fresh strawberry, house-made fresh sour

PATRÓN COSMO 'RITA SHAKER cal. 290

Patrón Silver Tequila, DeKuyper Triple Sec, cranberry, house-made fresh sour

Try it with Patrón reposado cal. 290.

TROPICAL BERRY MOJITO SHAKER cal. 280

Bacardi Rum, fresh mint, lime & strawberry, guava, passion fruit, pure cane sugar, house-made fresh sour

NEW PINK PUNK MOJITO cal. 160

Bacardi Rum, cotton candy, fresh lime & mint, house-made fresh sour

BARBADOS RUM PUNCH cal. 250

Mount Gay Eclipse Rum, mango, passion fruit, strawberry, house-made fresh sour, Sprite®, Hella Aromatic Bitters

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Cocktails (cont'd)

NEW CÎROC FRENCH SMASH cal. 200

Cîroc French Vanilla Vodka, Bordeaux cherry, peach, house-made fresh sour

DIDDY ON THE BEACH cal. 310

Cîroc Vodka, Malibu Coconut, Red Bull® Yellow Edition (Tropical), blueberry, house-made fresh agave sour

TROPICAL LONG ISLAND TEA cal. 260

Absolut Vodka, Bombay Gin, Malibu Coconut, DeKuyper Crème de Cacao, fresh pineapple, house-made fresh sour

ULTIMATE BLUEBERRY-POM LONG ISLAND TEA cal. 290

Skyy Infusions Pacific Blueberry Vodka, Bacardi Rum, Bombay Gin, DeKuyper Triple Sec, blueberry, pomegranate, house-made fresh sour, Sprite®

CROWN APPLE COOLER cal. 210

Crown Royal Regal Apple Whisky, Crown Royal Canadian Whisky, fresh apple, pomegranate, house-made fresh agave sour

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Cocktails (cont'd)

PINK PUNK MARTINI cal. 160

Sky Vodka, cotton candy, cranberry, pineapple, fresh lime

SANGRIA 'RITA cal. 220

Grand Marnier Raspberry Peach, 1800 Silver Tequila, house-made fresh agave sour, topped with Dreaming Tree Crush Red Blend

WINE

6 oz. & 9 oz. pours and bottle available.

BUBBLES

LAMARCA Prosecco – Italy cal. 130

WHITE cal. 140/220/610

BERINGER White Zinfandel – California

SEVEN DAUGHTERS Moscato – Italy

ECCO DOMANI Pinot Grigio – Italy

KIM CRAWFORD Sauvignon Blanc – New Zealand

NEW DARK HORSE Chardonnay – California

NEW CHLOE Chardonnay – Sonoma County, California

KENDALL-JACKSON Chardonnay – California

RED cal. 150/220/640

NEW PROPHECY Pinot Noir – California

NEW DREAMING TREE CRUSH Red Blend – Sonoma County, California

NEW 14 HANDS Merlot – Columbia Valley, Washington

NEW CANYON ROAD Cabernet Sauvignon – California

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NEW JOSH CELLARS Cabernet Sauvignon -
California

WINE (cont'd)

PREMIUM BOTTLE SELECTIONS

SANTA MARGHERITA Pinot Grigio – Italy
cal. 620

MEIOMI Pinot Noir – California cal. 610

RODNEY STRONG Cabernet Sauvignon –
Sonoma County, California cal. 620

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BEER

ON TAP

Drafts available in 14 oz. or 23 oz.

Light & Refreshing

Bud Light cal. 100/180

Miller Lite or Coors Light cal. 100/180

Crisp & Balanced

Dos Equis Lager Especial cal. 150/270

Stella Artois cal. 150/270

Fruity & Flavorful

Blue Moon Belgian White cal. 150/270

Angry Orchard Cider cal. 200/350

Rich & Malty

Sam Adams Boston Lager cal. 150/270

Sam Adams Seasonal cal. 150/270

Ask about our additional local & craft beers.

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BEER (cont'd)

BOTTLES & CANS

Light & Refreshing

Heineken Light cal. 100

Corona Light cal. 100

Michelob Ultra cal. 100

Pabst Blue Ribbon cal. 200

Crisp & Balanced

Modelo Especial cal. 150

Corona Extra cal. 150

Budweiser cal. 150

Heineken cal. 150

NEW Sam '76 Lager cal. 270

Fruity & Flavorful

Kona Big Wave Golden Ale cal. 150

Angry Orchard Crisp Apple Cider cal. 200

NEW Angry Orchard Rosé Cider cal. 270

Hoppy & Bitter

Sam Adams Rebel IPA cal. 150

Lagunitas IPA cal. 150

Omission Brewing Company cal. 150

Sierra Nevada Pale Ale cal. 150

Rich & Malty

Newcastle Brown Ale cal. 150

New Belgium Fat Tire cal. 150

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Dark & Roasted

Guinness Draught Stout cal. 160

The Good Stuff (Without the Hard Stuff)

JUICES

TICKLED PINK cal. 100

Ruby red grapefruit juice, guava

PARADISE PUNCH cal. 160

Orange juice, pineapple, guava

POPPIN' BOBA cal. 110

Zico Coconut Water, house-made fresh agave sour, with Strawberry and/or Mango Bursting Bubbles

SMOOTHIES

TRIPLE BERRY cal. 210

Fresh strawberry, raspberry, blackberry, cranberry, coconut, house-made fresh agave sour

GREEN WITH PASSION cal. 330

Mango, passion fruit, fresh kale, coconut, house-made fresh agave sour

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The Good Stuff (Without the Hard Stuff) (cont'd)

SIGNATURE SLUSHES

We offer FREE refills on these Signature Slushes.

STRAWBERRY LEMONADE cal. 150
Strawberry, lemonade

BLUE RASPBERRY cal. 310
Blue raspberry, lemonade, Sprite®

CHERRY LIMEADE cal. 240
Bordeaux cherry, pomegranate, fresh lime, jouse-made fresh agave sour, lemonade

MANGO PEACH LEMONADE cal. 170
Mango, peach, lemonade, Sprite®

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The Good Stuff (Without the Hard Stuff) (cont'd)

RED BULL® PASSION SLUSH cal. 120-210

No free refills

Passion fruit, guava, choice of Red Bull®
Regular, Sugarfree or Tropical

FRESHLY BREWED TEAS

We offer FREE refills on our Freshly Brewed Teas.

STRAWBERRY PASSION TEA cal. 120

Freshly brewed Gold Peak® iced tea, fresh
strawberry, passion fruit, house-made fresh
agave sour

TROPICAL RASPBERRY TEA cal. 130

Freshly brewed Gold Peak® iced tea, raspberry,
guava, house-made fresh agave sour

FRESHLY BREWED GOLD PEAK® ICED TEA cal. 0

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The Good Stuff (Without the Hard Stuff) (cont'd)

THE COFFEE BEAN & TEA LEAF cal. 0-5

Coffee, Decaf & Hot Tea

Now serving freshly brewed coffee and hot tea from The Coffee Bean & Tea Leaf®.

Beverages

Fountain Drinks

Coke® (cal. 200), Diet Coke® (cal. 0), Coke Zero® (cal. 0), Sprite® (cal. 160), Minute Maid® (cal. 170), vitaminwater® (cal. 70), Dr Pepper® (cal. 150)

Red Bull® Energy Drink cal. 110

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Sugarfree (cal. 10) & Yellow Edition (Tropical)
(cal. 110) also available

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The Good Stuff (Without the Hard Stuff) (cont'd)

Fruit Juices

Apple (cal. 80), Cranberry (cal. 110), Grape (cal. 140), Grapefruit (cal. 110), Orange (cal. 100), Pineapple (cal. 120), Tomato (cal. 45), or V-8® (cal. 45)

Bottled Water

Perrier (cal. 0)
Zico® Premium Coconut Water (cal. 90)

Milk Plain (cal. 140) or Chocolate (cal. 250)

If you have a specific food allergy or a special request, please ask to speak with a manager.
Children's Menu available for kids 12 and younger.

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Appetizers & Snacks

THE FRIDAYS™ COMBO

Traditional or Boneless Wings (cal. 510 -1030),
Loaded Potato Skins (cal. 840), Mozzarella
Sticks (cal. 560)

ADD Pan-Seared Pot Stickers (cal. 390) for an
additional charge.

ADD Warm Pretzels (cal. 540) for an additional
charge.

SESAME JACK™ CHICKEN STRIPS cal. 1080

Panko-crusted chicken breast strips tossed in
Jack Daniel's® glaze.

SPINACH & QUESO DIP cal. 770

Fresh spinach, white cheddar queso, Parmesan
and bread crumbs. Served with tortilla chips,
salsa and house-made guacamole.

MOZZARELLA STICKS cal. 820

Golden mozzarella blended with Asiago. Topped
with Parmesan and Romano cheeses. Served
with marinara sauce.

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Appetizers & Snacks (cont'd)

NEW CRISPY BRUSSELS SPROUTS cal. 670

Tossed in Lemon Soy Vinaigrette and topped with roasted onions, crispy croutons and Cotija cheese.

JACK™ SLIDERS

Choose 2 (cal. 630), 3 (cal. 940) or 4 (cal. 1250)
Fresh USDA Choice beef burgers topped with Jack Daniel's® glaze, cola onions, white cheddar cheese and spicy mayo made with TABASCO® Chipotle Pepper Sauce.

WARM PRETZELS cal. 1190

Served with craft beer-cheese dipping sauce garnished with crispy applewood-smoked bacon and green onions.

PAN-SEARED POT STICKERS cal. 590

Steamed, pan-seared pork dumplings with Szechwan dipping sauce.

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Appetizers & Snacks (cont'd)

JACK DANIEL'S® SAMPLER cal. 1780

Sampler to share with crispy Cajun-spiced shrimp, Sesame Jack™ Chicken Strips and FRIDAYS™ BIG RIBS basted with our famous Jack Daniel's® glaze.

NEW LOADED CHICKEN NACHOS cal. 1170

Tortilla strips layered with shredded chipotle chicken, black beans, white poblano queso, pico de gallo, pickled jalapeños, Cotija cheese and cilantro.

NEW PHILLY CHEESESTEAK EGGROLLS cal. 860

Crispy eggrolls filled with roast beef, peppers, onions and cheese. Served with craft beer-cheese dipping sauce.

LOADED POTATO SKINS cal. 1620

Crispy potato halves, melted cheddar and bacon. Served with Ranch sour cream and green onions.

GREEN BEAN FRIES cal. 900

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Breaded and served with Cucumber-Wasabi Ranch.

Appetizers & Snacks (cont'd)

SPINACH FLORENTINE FLATBREAD cal. 550

Spinach, artichoke hearts, Monterey Jack, Parmesan, Romano, tomatoes, garlic, fresh basil, crushed red pepper and oregano.

BBQ CHICKEN FLATBREAD cal. 650

Shredded chipotle chicken, barbecue sauce, Monterey Jack cheese, cheddar, cilantro, red peppers and red onion.

NEW GIANT ONION RINGS cal. 1190

Battered and served with BBQ Ranch.

CHICKEN QUESADILLA cal. 1250

Flour tortilla, Monterey Jack and sharp cheddar, shredded chipotle chicken, peppers and onions. Drizzled with Ranch sour cream and topped with pico de gallo. Served with house-made guacamole and salsa.

NEW BUCKET OF BONES cal. 1570

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Bucket to share of FRIDAYS™ BIG RIBS basted with Jack Daniel's® glaze, traditional wings tossed in barbecue sauce and seasoned fries.

Appetizers & Snacks (cont'd)

TRADITIONAL WINGS cal. 640-960

BONELESS WINGS cal. 640-960

Choice of Frank's REDHOT Buffalo, Garlic Parmesan, BBQ or Jack Daniel's®

Served with your choice of Ranch (cal. 130) or Blue Cheese (cal. 200) dressing

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Soups & Salads

GLUTEN-SENSITIVE CAESAR SALAD WITH GRILLED CHICKEN cal. 810

Grilled all-natural chicken breast over romaine and kale, tossed in Caesar dressing. Topped with Parmesan and Romano cheeses, Asiago croutons and Parmesan crisps. Served with grilled lemon.

Available with Grilled Salmon (cal. 910) OR 6oz. Center-cut Sirloin* (cal. 800)

PECAN-CRUSTED CHICKEN SALAD cal. 1220

Warm, crispy pecan-crusted chicken breast, romaine and kale, celery, dried sweet cranberries, fresh orange slices, glazed pecans, blue cheese. Tossed in Balsamic Vinaigrette.

BBQ CHICKEN SALAD cal. 920

Grilled BBQ all-natural chicken, romaine and kale, green onion, tomato, black beans and corn, cucumber, red onion, cilantro, Monterey Jack, sharp cheddar, avocado, bacon and tortilla chips. Tossed in BBQ Ranch dressing and topped with Cajun-spiced onion strings.

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Soups & Salads

(cont'd)

GLUTEN-SENSITIVE MILLION DOLLAR COBB

cal. 840

Grilled all-natural chicken, romaine and kale, avocado, tomato, chopped cage-free egg, smoked bacon, blue cheese, red onion, cucumber, Monterey Jack and sharp cheddar. Green Goddess dressing on the side.

Available with Grilled Salmon (cal. 930) OR 6oz. Center-cut Sirloin* (cal. 800)

SIDE SALADS

HOUSE SALAD cal. 220

Romaine and kale, grape tomato, cucumber, mixed cheese and Asiago croutons with choice of dressing and a hot garlic breadstick.

CAESAR SALAD cal. 440

Romaine and kale, tossed in Caesar dressing. Topped with Parmesan and Romano cheeses, Asiago croutons and Parmesan crisps. Served with grilled lemon and a hot garlic breadstick.

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Soups & Salads (cont'd)

SOUPS

FRENCH ONION SOUP cal. 310

Caramelized onions simmered in a rich sherry au jus topped with a crouton and melted Swiss cheese.

WHITE CHEDDAR BROCCOLI CHEESE SOUP

cal. 280

A creamy blend of white cheddar cheeses with broccoli.

SOUP OF THE DAY cal. 150-500

SALAD DRESSINGS

Balsamic Vinaigrette cal. 190

BBQ Ranch cal. 110

Blue Cheese cal. 200

Caesar cal. 190

Green Goddess cal. 110

Honey Mustard cal. 200

Lemon Soy Vinaigrette cal. 130

Low Fat Balsamic Vinaigrette cal. 50

Ranch cal. 130

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ALL-NATURAL ITEMS WHERE INDICATED
CONTAIN NO ARTIFICIAL INGREDIENTS AND ARE
MINIMALLY PROCESSED.

* THIS ITEM IS COOKED TO ORDER. WHETHER
DINING OUT OR PREPARING FOOD AT HOME
CONSUMING RAW OR UNDERCOOKED MEATS,
POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY
INCREASE YOUR RISK OF FOODBORNE ILLNESS,
ESPECIALLY IF YOU HAVE CERTAIN MEDICAL
CONDITIONS.

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The Burger Bar

Burgers are America's gift to the world. Ours are built on a custom blend patty of 100% fresh, All-Natural USDA Choice chuck and brisket. Go for the oh-so-soft challah bun, Udi's® gluten-free bun or even green-style (cal. 260 less) served on crispy green lettuce leaves. Try a turkey patty (cal. 160 less) for no additional charge or substitute a Beyond Meat patty (cal. add 70) on any burger for \$99.99. Comes with plenty of seasoned fries (cal. 320) or a side salad (cal. 140-290). Substitute sweet potato fries (cal. 390) for an additional charge.

NEW PHILLY CHEESESTEAK BURGER cal. 1000

Beef patty topped with roast beef, peppers, onions and melted cheeses. Skewered with a Philly cheesesteak eggroll.

JACK DANIEL'S® BURGER* cal. 1110

White cheddar, lettuce, red onion, tomatoes, pickles, hickory-smoked bacon and Jack Daniel's® glaze.

GLUTEN-SENSITIVE BACON CHEESEBURGER* cal. 840

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White cheddar, aged all-natural cheddar spread, lettuce, tomatoes, red onion, pickles, hickory-smoked bacon and Fridays™ sauce.

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Burgers (cont'd)

GLUTEN-SENSITIVE

REALLY GOOD CHEESEBURGER* cal. 820

White cheddar, lettuce, tomatoes, red onion, pickles and Fridays™ sauce.

BUFFALO WINGMAN'S BURGER* cal. 930

Blackened beef patty, Buffalo pimento cheese spread, spicy mayo made with TABASCO® Chipotle Pepper Sauce, spicy pickles, lettuce, tomatoes and red onions. Topped off with a skewer of Buffalo wings.

GLUTEN-SENSITIVE

TURKEY BURGER cal. 520

Seasoned, all-natural ground turkey patty with lettuce, tomatoes, red onions and pickles.

NEW THE BEYOND MEAT CHEESEBURGER

cal. 890

Made from plant-based ingredients, this juicy, mouthwatering burger satisfies like beer. Our patty is seasoned and grilled with white cheddar, lettuce, tomatoes, red onion, pickles and Fridays™ sauce.

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Sandwiches

Served with seasoned fries (cal. 320) or side salad (cal. 140-290). Substitute sweet potato fries (cal. 390) for an additional charge.

FRENCH DIP cal. 950

Now Even Better

Sliced premium roast beef on a toasted artisan baguette with horseradish spread, Swiss cheese, roasted onions and au jus on the side.

JACK DANIEL'S® CHICKEN SANDWICH cal. 1110

Grilled all-natural chicken breast seasoned with hickory-smoked sea salt. Topped with Jack Daniel's® glaze, hickory-smoked bacon, white cheddar, Cajun-spiced crispy onion strings, lettuce, tomato, pickles and Jack Daniel's® mayo on a soft bun.

TURKEY + AVOCADO BLT cal. 770

All-natural whole turkey breast slices, Swiss cheese, lettuce, tomato, bacon and avocado with pesto aioli on soft focaccia bread.

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Sandwiches (cont'd)

MEDITERRANEAN SHRIMP NAAN cal. 470

Grilled and chilled shrimp drizzled with balsamic glaze and served on naan bread with cucumber yogurt sauce, romaine and kale, garlic and basil tomato bruschetta and Cotija cheese.

SOUTHERN FRIED CHICKEN SANDWICH cal. 930

Battered chicken breast, lettuce, tomato, pickles, avocado and Jack cheese layered on a soft bun with spicy mayo made with TABASCO® Chipotle Pepper Sauce.

Make it Buffalo Chicken (cal. 930) at no extra charge.

ALL-NATURAL ITEMS CONTAIN NO ARTIFICIAL INGREDIENTS AND ARE MINIMALLY PROCESSED.

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Mains

All-natural chicken, fresh USDA Choice steaks, tender big back pork ribs, fire-grilled seafood, crispy chicken and shrimp.

STEAKS & RIBS

NEW FRIDAYS™ BIG RIBS

Slow-cooked, fall-off-the-bone tender big back pork ribs fire-grilled and served with seasoned fries & coleslaw.

Jack Daniel's® Ribs Half (cal. 1030)/Full (cal. 1520)

BBQ Ribs Half (cal. 830)/Full (cal. 1190)

NEW CENTER-CUT SIRLOIN* & SHRIMP

6 ounces of flavorful center-cut sirloin and six crispy shrimp. Served with mashed potatoes and lemon-butter broccoli.

Topped with Jack Daniel's® Glaze (cal. 910) or **Gluten-Sensitive** Topped with Parmesan Butter (cal. 840)

- Add Half-Rack Jack Daniel's® Ribs (cal.620)
- Add Half-Rack BBQ Ribs (cal. 420)
- Add Six Crispy Shrimp (cal. 200)
- **NEW** Add Six Bacon-Wrapped Shrimp (cal. 480)

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Mains (cont'd)

NEW CENTER-CUT SIRLOIN*

6 ounces of flavorful center-cut sirloin. Served with mashed potatoes and lemon-butter broccoli. Jack Topped with Jack Daniel's® Glaze (cal. 710) or

Gluten-Sensitive Topped with Parmesan Butter (cal. 640)

- Add Half-Rack Jack Daniel's® Ribs (cal.620)
- Add Half-Rack BBQ Ribs (cal. 420)
- Add Six Crispy Shrimp (cal. 200)
- **NEW** Add Six Bacon-Wrapped Shrimp (cal. 480)

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Mains (cont'd)

NEW NEW YORK STRIP*

14 ounces of the quintessential American cut.
Served with mashed potatoes and lemon-butter
broccoli.

Topped with Jack Daniel's® Glaze (cal. 1105) or
Gluten-Sensitive Topped with Parmesan Butter
(cal. 985)

- Add Half-Rack Jack Daniel's® Ribs (cal.620)
- Add Half-Rack BBQ Ribs (cal. 420)
- Add Six Crispy Shrimp (cal. 200)
- **NEW** Add Six Bacon-Wrapped Shrimp (cal. 480)

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Mains (cont'd)

PASTAS

BRUSCHETTA CHICKEN PASTA

Half (cal. 490)/Full (cal. 860)

Fettuccine tossed in garlic, basil and tomato marinara. Topped with strips of garlic-marinated all-natural chicken breast. Finished with balsamic glaze and Parmesan shavings.

CAJUN SHRIMP & CHICKEN PASTA

Half (cal. 570)/Full (cal. 1310)

Sautéed all-natural chicken, shrimp and red bell peppers tossed with fettuccine in a spicy Cajun Alfredo sauce.

CHICKEN & SEAFOOD

NEW DRAGON-GLAZE CHICKEN OR SALMON

Sweet and spicy glazed chicken or salmon topped with a fresh mango pico de gallo. Served on a bed of jasmine rice and super veggies.

Get it with double vegetables instead of rice for all the flavor and only 430 calories.

GRILLED ALL-NATURAL CHICKEN cal. 720

SALMON FILLET cal. 810

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Mains (cont'd)

GLUTEN-SENSITIVE

SIZZLING CHICKEN & SHRIMP cal. 1270

Garlic-marinated all-natural chicken and shrimp tossed in bruschetta marinara. Served over melted cheese with onions, peppers and creamy mashed potatoes.

FRIED SHRIMP cal. 750

A dozen crispy, golden brown shrimp. Served with seasoned fries and cocktail sauce.

GLUTEN-SENSITIVE

SIZZLING CHICKEN & CHEESE cal. 1160

Garlic-marinated all-natural chicken breasts served over melted cheese with onions, peppers and creamy mashed potatoes.

PARMESAN-CRUSTED CHICKEN cal. 700

Now Even Better

Grilled all-natural chicken topped with creamy white cheddar and Parmesan bread crumbs. Served with mashed potatoes and lemon-butter broccoli.

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Mains (cont'd)

CRISPY CHICKEN FINGERS cal. 1030

Golden brown on the outside, tender and juicy inside. Served with seasoned fries and Honey Mustard dressing.

JACK DANIEL'S® CHICKEN cal. 960

Two all-natural chicken breasts. Served with mashed potatoes and lemon-butter broccoli.

GLUTEN-SENSITIVE SIMPLY GRILLED

SALMON cal. 795

Seasoned with hickory-smoked sea salt and topped with Parmesan Butter. Served with jasmine rice and super veggies.

FISH & CHIPS cal. 880

Crisp, tender and golden cod fillets served with seasoned fries, coleslaw and tartar sauce.

NEW BACON-WRAPPED SHRIMP cal. 930

Skewered shrimp wrapped with bacon and grilled then basted with Parmesan Butter. Served with jasmine rice and super veggies.

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Mains (cont'd)

ADD-ONS

Caesar Salad cal. 440

NEW Cheddar Mac & Cheese cal. 630

Coleslaw cal. 100

NEW Crispy Brussels Sprouts cal. 350

NEW Giant Onion Rings cal. 510

House Salad cal. 270-420

Jasmine Rice cal. 420

Lemon-Butter Broccoli cal. 150

Mashed Potatoes cal. 220

Seasoned Fries cal. 320

Soup cal. 150-500

NEW Super Veggies (bok choy, broccoli, red peppers, sugar snap peas) cal. 35

Sweet Potato Fries cal. 390

Add Endless Sides to any entrée for \$3.50

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Desserts

NEW RED VELVET SPARKLER CAKE cal. 1690

A three-tiered red velvet cake that's a Friday night celebration in itself, layered with cream cheese frosting then topped with whipped cream and candy sprinkles. Served alongside a scoop of vanilla ice cream.

TENNESSEE WHISKEY CAKE

Half (cal. 670)/Whole (cal. 1110)

Toffee cake, candied pecans, vanilla ice cream. Butterscotch Jack Daniel's® Whiskey sauce.

VANILLA BEAN CHEESECAKE cal. 920

Silky white chocolate mousse, graham cracker crust, white chocolate shavings.

BROWNIE OBSESSION®

Half (cal. 720)/Whole (cal. 1200)

A warm fudge brownie, vanilla ice cream, caramel sauce & pecans.

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Desserts (cont'd)

NEW TOASTED S'MORES EXTREME SHAKE cal. 1430

All-natural ice cream mix, OREO® cookies, toasted marshmallows, graham cracker, chocolate sauce, sprinkles, whipped cream.

Get it Boozy with Smirnoff Vanilla and brandy (cal. 1550).

NEW RED VELVET EXTREME SHAKE cal. 1230

All-natural ice cream mix, red velvet cake, chocolate sauce, sprinkles, strawberry, whipped cream.

Get it Boozy with Sailor Jerry Spiced Rum and Jim Beam Bourbon (cal. 1300).

OREO® MADNESS cal. 500

Cookies & Cream ice cream, Oreo® cookie crust, chocolate sauce.

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Kid's Menu

For Kids 12 & Under

Kid's Main Course

All entrées come with choice of one side and a Fountain Drink.

Kid's Sliders cal. 480

Chicken Fingers cal. 500

Mac & Cheese cal. 440

Kid's Pasta cal. 240

Kid's Sides

Fries cal. 320

Fresh Fruit cal. 45

Salad cal. 45-245

Kid's Drinks

Coke® cal. 150

Diet Coke® cal. 0

Coke Zero® cal. 0

Sprite® cal. 120

Dr Pepper® cal. 110

2% Milk cal. 140

Chocolate Milk cal. 220

Lemonade cal. 80

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Kid's Menu (cont'd)

For Kids 12 & Under

Kid's Drinks (cont'd)

GLUTEN-SENSITIVE SLUSHES

Blue Raspberry Slush cal. 150

Mango Peach Lemonade Slush cal. 100

Strawberry Lemonade Slush cal. 120

Cherry Limeade Slush cal. 120

Kid's Juices

Apple cal. 90

Orange cal. 80

Paradise Punch cal. 100

Tickled Pink cal. 100

Poppin' Boba cal. 80

Kid's Desserts

Cup of Dirt cal. 480 – Chocolate pudding, hand-crumbled Oreo® cookies and gummy worms

GLUTEN-SENSITIVE Sundae cal. 690 – Two scoops of vanilla ice cream with chocolate & caramel sauces, chopped pecans, whipped cream and a cherry

1,200 to 1,400 calories a day are used for general nutrition advice for children 4-8 years and 1,400 to 2,000 calories a day for children 9-13 years, but calorie needs vary.

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